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## Survey of bee friendly flowering plants and bee-plant interaction in an urban green space in Bengaluru, India

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### Abstract

**Aim:** To study bee friendly plant species, nutritional sources, flowering season, and the dynamic relationship between urban flora and native bee species in a centrally located urban green space in Bengaluru, India.

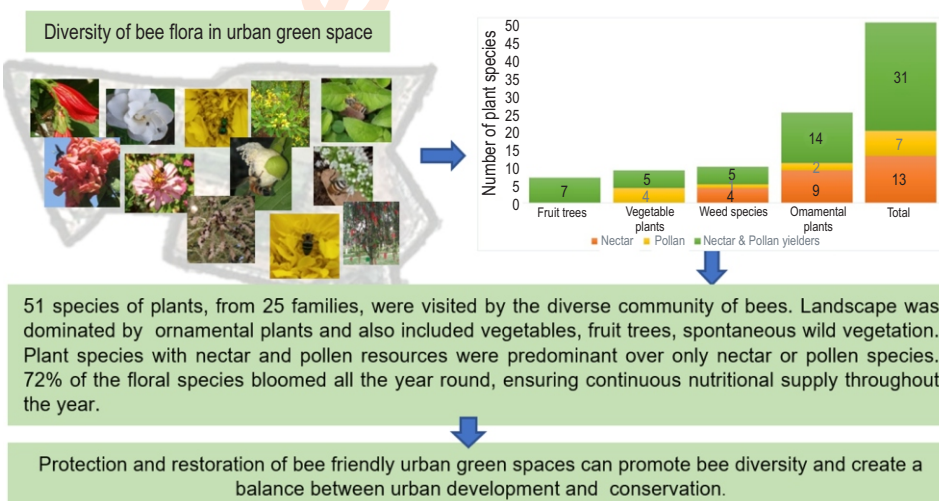
**Methodology:** Flowers of different plant species visited by bees were observed and recorded from September 2018 to August 2019. Based on the foraging pattern of visiting bees, the plants were classified into nectar or pollen or both nectar and pollen species. The monthly abundance of nutritional resources was estimated based on the floral phenology.

**Results:** A total of 51 plant species, from 25 families, were visited by bees for foraging. Polylectic social bees namely *Apis florea* and *Tetragonula iridipennis*, visited 45 and 39 plant species, and two species of solitary

bees, namely *Amigella cingulate* and *Xylocopa violacea*, visited 26 and 23 plant species, respectively. The urban green landscape was dominated by a variety of ornamental plants (49%) and also included vegetables (17.6%), fruit trees (13.7%), and weeds (19.6%). Plants that served as a source of both nectar and pollen (60.8%) were predominant over those that supplied either nectar alone (24.5%) or pollen alone (13.7%). Moreover, 72% of the species bloomed all the year round, which meant that floral resources were available to bees throughout the year.

**Interpretation:** The study underscores the role of bee friendly floral diversity in the urban green spaces in protection and conservation of bee diversity. Efficient management of urban green spaces can provide dynamic habitat for bee conservation and can prevent the loss of biodiversity.

**Key words:** Bee diversity, Floral resources, Green spaces, Nectar sources, Pollens



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## Introduction

Bees are important pollinators of both cultivated and wild plants (Potts *et al.*, 2016; Todd *et al.*, 2016), and yet the global bee population and their diversity have seen an alarming and unprecedented decline (Biesmeijer *et al.*, 2006; Kerr *et al.*, 2015). Declining pollinator diversity can pose a serious threat to the stability of the agricultural and natural ecosystems (Gallai *et al.*, 2009). The loss or degradation of habitats, more intensive farming (Tilman *et al.*, 2001), increasing urbanization, changes in land cover (Carvell *et al.*, 2006; Roulston *et al.*, 2011), and lack of nectar and pollen sources are considered major threats to bee diversity (Klein *et al.*, 2007; Stoate *et al.*, 2009). However, despite the loss of natural habitat and the associated decline of pollinators (Hinnert and Hjelmroos-Koski, 2009; Pardee and Philpott, 2014), recent studies report larger populations of bees in cities (Threlfall *et al.*, 2015; Daniels *et al.*, 2020; Bhatta and Kumar, 2020).

The greater plant diversity found in semi-natural habitats favours bee communities mainly because of increased heterogeneity of nectar and pollen resources (Potts *et al.*, 2003; Ebeling *et al.*, 2008). Similarly, the heterogeneity of flora in urban green spaces ensures the nutritional stability, therefore, increase bee diversity in urban ecosystems and thus contribute to the conservation of bee diversity and also plants pollinated by them. Urban greening has assumed greater importance in sustainable urban development and urban biodiversity conservation (Baldock *et al.*, 2015; Hall *et al.*, 2017). Anthropogenically altered localized patches of green cover in cities with a mosaic of diverse floral species (Frankie *et al.*, 2005; Matteson *et al.*, 2008; Aguirre-Gutierrez *et al.*, 2015) have become isolated green pastures supporting biodiversity (Frund *et al.*, 2010; Bates *et al.*, 2011; Bhatta and Kumar, 2020). Restoration and conservation of existing green spaces offer a promising opportunity to preserve bee population and can compensate for the loss of bee diversity occasioned by drastic changes in land cover. Although the increase in bee diversity in urban green spaces is well documented, comprehensive data are lacking on the characters of such habitats relevant to bee diversity. As flowers are the only source of nutrition for bees, the diversity, quality, and composition of flowering plants within human-dominated urban habitats play an important role in shaping bee population (Filipiak, 2018) and also for their long-term conservation (Rosenzweig, 2003).

Bees exploit a range of plant species for nutrition, and effective management of bee population requires detailed knowledge of pollinator-friendly plant species, flowering periodicity, flowering duration (Petanidou *et al.*, 2014; Wubie *et al.*, 2014), and spatio-temporal availability of nutritional resources (Reidinger *et al.*, 2014). India being an agrarian country, studies on bee diversity are restricted to farm productivity and those on bee flora, to commercial beekeeping: the importance of such studies to ecology, especially to urban ecology, is seldom realized and data on bee diversity and flora for bees in cities are therefore sparse. Comprehensive data of bee-friendly plant diversity in city

landscapes can thus help in restoration and conservation of threatened urban biodiversity. Such sustainable approach for conservation is more important in a fast-developing country such as India undergoing rapid urbanization and a third of its population living in cities. Bengaluru, nicknamed the Garden City and India's second fastest-growing and fifth largest city, has seen unprecedented expansion. Restoration and maintenance of plants that are potential foraging resources for bees can provide a sustainable environment for bees in the fragmented urban habitats. Efficient management of green landscapes in the city can therefore counteract the loss of biodiversity. In view of the above, the present study was carried out to assess the suitability and sustainability of urban green spaces for native bees by undertaking a systematic and comprehensive survey of bee-friendly species of flowering plants and floral phenology in a pocket of open green space in Bengaluru.

## Materials and Methods

**Study area:** The site selected for the study was an urban green space housing government offices and staff quarters spread over 20 ha in the heart of Bengaluru. The vegetation consisted of trees, shrubs, and grasses. The average monthly temperature ranged from 19.4°C to 30.0°C and the average monthly relative humidity from 45% to 79%. The mean annual rainfall is 859 mm. Three transects measuring 100 m × 25 m with diverse flora in an inhabited part of the study area was selected for sampling the flora and bee diversity (Westphal *et al.*, 2008).

**Identification of floral resources:** Flowers of different plant species visited by the bees were observed and recorded in the morning hours, between 06:30 and 11:30, twice a month from September 2018 to August 2019. A plant was considered a bee-foraging species if at least three bees (irrespective of species) visited its flowers within a span of 5 min during the observation hours (Wyaker and Baviskar, 2015). Each visit was considered as pseudo replicate. The more common native plant species were identified in the field, and those that could not be identified *in-situ* were identified by taxonomist by examining the vegetative and floral parts. The recorded species of flowering plants were categorized as vegetables, fruits, ornamentals, or weeds (spontaneous vegetation).

Based on the foraging habits of bees, the identified plant species were also grouped into nectar, pollen or both nectar and pollen yielders, based on the foraging habits of the bees (Bista and Shivakoti, 2001). Flowers were considered as a source of nectar (N) if bees extended their proboscis into the flowers and as a source of pollen (P) if bees carried pollen on their hind legs. The combined activity of extending their proboscis into the flowers and collecting pollen on their hind legs marked the plant as a source of both nectar and pollen (N+P).

**Monthly abundance of bee flora:** The percentage monthly abundance of flora was estimated to understand the periodicity of available floral resources (Pande and Ramkrushna, 2018).

Monthly abundance of bee flora is the percentage of plant species that was available each month in the study area.

### Results and Discussion

The urban habitat selected for the study consisted of a diverse vegetation mix of ornamentals, fruits, vegetables, and weeds. A total of 51 botanical species suitable for foraging by bees were recorded, representing 25 families (Table 1), the dominant among them being Fabaceae, with six species (12%), followed by Rubiaceae (five species, 10%) and Malpighiaceae (four species, 8%) (Table 1). The overall flora was dominated by 25 species of ornamental plants, followed by 10 of spontaneous vegetation, 9 of vegetables, and 7 of fruits (Tables 2 and 3). Previous studies on floral diversity have documented the flora in natural, agricultural and semi-urban habitats across India. For instance Waykar *et al.* (2014) a study conducted in the hilly areas of the Western Ghats, a mountain range that runs north–south and roughly parallel to India's western coast, reported 52 species of flowering plants comprising 29 cultivated species and 23 wild species but recorded no ornamental plant species. Hosamani *et al.* (2018), from their work in a natural habitat in Koppal district of Karnataka, reported 84 species dominated by medicinal plants, vegetables, and fruit species: ornamental species were the smallest category, with only nine members.

**Table 1:** Major botanical families of bee friendly plant species and their distribution in the studied urban green space during the study period

| Family         | No. of species | Share (%) |
|----------------|----------------|-----------|
| Fabaceae       | 6              | 12        |
| Rubiaceae      | 5              | 10        |
| Malpighiaceae  | 4              | 8         |
| Solanaceae     | 3              | 6         |
| Amaranthaceae  | 3              | 6         |
| Myrtaceae      | 3              | 6         |
| Asteraceae     | 3              | 6         |
| Arecaceae      | 3              | 6         |
| Lamiaceae      | 2              | 4         |
| Malvaceae      | 2              | 4         |
| Lythraceae     | 2              | 4         |
| Oxalidaceae    | 2              | 4         |
| Poaceae        | 2              | 2         |
| Rutaceae       | 1              | 2         |
| Brassicaceae   | 1              | 2         |
| Apiaceae       | 1              | 2         |
| Moringaceae    | 1              | 2         |
| Sapotaceae     | 1              | 2         |
| Caesalpinaceae | 1              | 2         |
| Bignoniaceae   | 1              | 2         |
| Rosaceae       | 1              | 2         |
| Apocynaceae    | 1              | 2         |
| Muntingiaceae  | 1              | 2         |
| Euphorbiaceae  | 1              | 2         |
| Commelinaceae  | 1              | 2         |

In another survey in Wardha district of Maharashtra, Pande and Ramkrushna (2018) documented 92 species dominated by cultivated species (50) and wild species (30) but only 12 species of ornamental plants. Mahale (2019) recorded 54 species of wild plants and weeds from farmlands and forests in Gujarat. Although the urban green space was similarly diverse in terms of its flora, its composition was very different: human interference, the inevitable feature of any urban landscape, favours ornamental plants and suppresses spontaneous wild vegetation—an intervention that not only enhanced the aesthetic value of the habitat but also provided more diverse floral resources for the native bees. These findings confirm that despite human interference, urban green spaces with unique assemblage of floral species dominated by ornamentals can serve as potential habitats for bees. The nutritional value of a plant to bees depends on the content of pollen and nectar in its flowers (Keller *et al.*, 2005). The quantity and composition of nectar is an important species-specific trait for food selection in bees (Chalcoff *et al.*, 2017). Pollen being the main source of protein is mainly responsible for the growth and reproduction of bees and the nutritional value of pollen resources greatly influence the pattern of pollen collection (Roulston *et al.*, 2000). In the present study, plants that supplied both nectar and pollen were the most abundant (60.8%), followed by those that supplied only nectar (24.5%) and only pollen (13.7%). Out of 25 ornamental species, 15 species supplied nectar and pollen, 8 supplied only nectar and 2 supplied only pollen, indicating the dominance of ornamental flora and predominance of both nectar and pollen sources. Of the nine vegetable species, five species supplied both and four supplied only pollen, whereas all the fruit and weed species supplied both.

Among the diverse flora, the ornamentals were predominant nutritional resource in the study area. Hemalatha *et al.* (2018) and Vidya *et al.* (2019) have also reported the predominance of species that supply both nectar and pollen in agricultural, horticultural, and natural habitats in Madurai city of Tamil Nadu. This confirmed that despite variation in the composition of floral species, urban habitats are similar to agricultural, horticultural or natural habitats in terms of foraging resources for bees. The plants in the urban habitat varied in their blossoming season: round-the-year flowering species were predominant (63.3%) over seasonal flowering species (36.7%). All the weed species bloomed throughout the year, similar to 16 ornamentals, 4 vegetables, and 2 fruit trees. Abundance of annual flowering species are of great significance in the urban habitat as they confirm the continuous availability of floral resources supporting the diverse bee species in urban habitats. Monthly floral abundance ranged from 72.5% in January, October, and December to 88.2% in March, April and May (Fig. 1), which was also the period of maximum flow of honey. Species that flowered during March to May included mass flowering trees as *Callistemon citrinus*, *Samanea saman*, *Cassia fistula*, *Delonix regia*, *Pongamia pinnata* and *Peltophorum pterocarpum* (Table 2), thus ensuring abundant nutritional resources in the study area.

**Table 2:** Diversity of ornamental and wild plant species, their flowering period and the type of nutritional sources collected by the foraging bee species in urban green space

| Scientific names                      | Family        | Flowering period    | Nutritional source |
|---------------------------------------|---------------|---------------------|--------------------|
| <i>Tecoma capsensis</i>               | Bignoniaceae  | Jan-Dec.            | N                  |
| <i>Malvaviscus penduliflorus</i>      | Malvaceae     | Jan-Dec             | N                  |
| <i>Rosa centifolia</i>                | Rosaceae      | Jan-Dec             | P                  |
| <i>Lagerstroemia indica</i>           | Lythraceae    | Apr-Jun             | N+P                |
| <i>Lagerstroemia speciosa</i>         | Lythraceae    | Apr-Jun             | N+P                |
| <i>Gardenia jasminoides</i>           | Rubiaceae     | Jan-Dec             | N                  |
| <i>Ixora arborea</i>                  | Rubiaceae     | Jan-Dec             | N                  |
| <i>Galphimia gracilis</i>             | Malpighiaceae | Jan-Dec             | P                  |
| <i>Mussaenda philippica</i>           | Rubiaceae     | Jan-Dec             | N                  |
| <i>Hamelia patens</i>                 | Rubiaceae     | Jan-Dec             | N                  |
| <i>Tagetes erecta</i>                 | Asteraceae    | Jan-Dec             | N+P                |
| <i>Zinnia elegans</i>                 | Asteraceae    | Nov.–Aug.           | N+P                |
| <i>Tagetes tenuifolia</i>             | Asteraceae    | Jan-Dec             | N+P                |
| <i>Callistemon citrinus</i>           | Myrtaceae     | June–Nov, Feb.–May  | N                  |
| <i>Samanea saman</i>                  | Fabaceae      | Sept.–Dec, Mar.–May | N                  |
| <i>Cassia fistula</i>                 | Fabaceae      | Feb-May             | N+P                |
| <i>Delonix regia</i>                  | Fabaceae      | Mar-May             | N+P                |
| <i>Pongamia pinnata</i>               | Fabaceae      | Mar-May             | N+P                |
| <i>Peltophorum pterocarpum</i>        | Fabaceae      | Mar-May             | N+P                |
| <i>Nerium Oleander</i>                | Apocynaceae   | Jan-Dec             | N                  |
| <i>Muntingia calabura</i>             | Muntingiaceae | Jan-Dec             | N+P                |
| <i>Roystonea regia</i>                | Arecaceae     | Jan-Dec             | N+P                |
| <i>Dypsis lutescens</i>               | Arecaceae     | Jan-Dec             | N+P                |
| <i>Ocimum sanctum</i>                 | Lamiaceae     | Jan-Dec             | N+P                |
| <i>Cassia alexandrina</i>             | Fabaceae      | Jan-Dec             | N+P                |
| <b>Weeds (spontaneous vegetation)</b> |               |                     |                    |
| <i>Oxalis dillenii</i>                | Oxalidaceae   | Jan-Dec             | N                  |
| <i>Oxalis corymbosa</i>               | Oxalidaceae   | Jan-Dec             | N                  |
| <i>Alternanthera paronychioides</i>   | Amaranthaceae | Jan-Dec             | N                  |
| <i>Alternanthera sessilis</i>         | Amaranthaceae | Jan-Dec             | N+P                |
| <i>Mitracarpus hirtus</i>             | Rubiaceae     | Jan-Dec             | N+P                |
| <i>Euphorbia hirta</i>                | Euphorbiaceae | Jan-Dec             | P                  |
| <i>Calyptocarpus vialis</i>           | Asteraceae    | Jan-Dec             | N                  |
| <i>Cyanotis cristata</i>              | Commelinaceae | Jan-Dec             | N+ P               |
| <i>Cynodon dactylon</i>               | Poaceae       | Jan-Dec             | N+P                |
| <i>Eremochloa ophiuroides</i>         | Poaceae       | Jan-Dec             | N+P                |

\*N+P=Nectar and pollen source; P=Only pollen source; N=Only nectar source

These results are consistent with reports of maximum honey flow being in April and May in natural habitats in Maharashtra, which coincides with peak flowering of wild plants (Bista and Shivakoti, 2001; Pande and Ramkrushna, 2018). In contrast, April and May are lean months in agricultural habitats, October to December being the period with abundant flowers (Waykar and Baviskar, 2015; Hosamani *et al.*, 2018). Therefore, urban green spaces can sustain bee diversity by offering continuous supply of floral resources round the year and are in fact better than agricultural habitats, in which foraging resources are scarce in some months (Waykar and Baviskar, 2015).

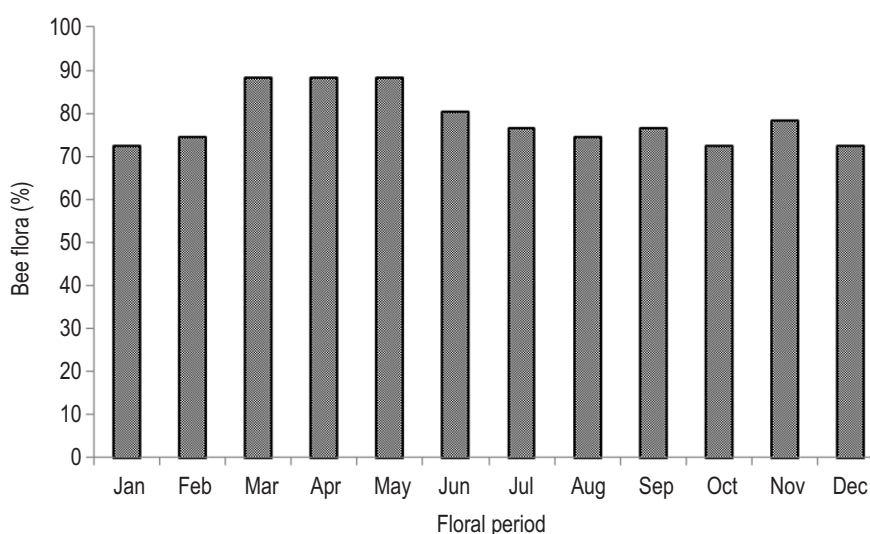
The flora of the landscape and their floral resources, mainly the quality and quantity of pollen and nectar greatly

influence the bee diversity and population (Woodard and Jha, 2017). Earlier study (Bhatta and Kumar, 2020) has documented 19 species of native bees in the study area, belonging to 16 genera under 3 families, namely Apidae, Halictidae, and Megachilidae in the urban green area. Bee diversity was strongly correlated to the floral resources of the habitat. The recorded bee species were generalists and oligolectic in that they foraged a wide variety of flowers. *Apis florea* was the most adapted species: it visited 41 flowering plant species in the study area; *Tetragonula iridipennis* visited 39 and *Apis dorsata*, 36. Among the solitary bees, *Amigella cingulata* was recorded on 30 species and *Xylocopa violacea*, on 23 (Fig. 2). Similar results were reported from a natural habitat in Aurangabad district of Maharashtra: the study recorded 22 species of native

**Table 3:** Diversity of vegetables and fruit trees with flowering period and the type of nutritional sources collected by the foraging bees in the study area

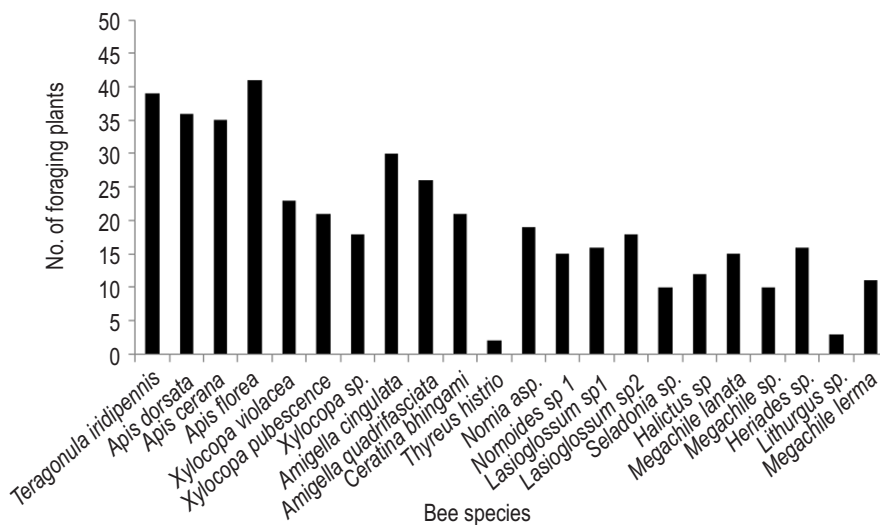
| Scientific names              | Family        | Flowering period | Nutritional source |
|-------------------------------|---------------|------------------|--------------------|
| <b>Vegetables</b>             |               |                  |                    |
| <i>Solanum melongena</i>      | Solanaceae    | Jun-Nov          | P                  |
| <i>Amaranthus retroflexus</i> | Amaranthaceae | Mar-Jul, Sep-Nov | P                  |
| <i>Solanum lycopersicum</i>   | Solanaceae    | Jan-Dec          | P                  |
| <i>Capsicum annuum</i>        | Solanaceae    | Jan-Dec          | N+P                |
| <i>Brassica juncea</i>        | Brassicaceae  | May-Sep          | N+P                |
| <i>Coriandrum sativum</i>     | Apiaceae      | Jan-Dec          | N+P                |
| <i>Mentha spicata</i>         | Lamiaceae     | Jun-Aug, Mar-May | N+P                |
| <i>Abelmoschus esculentus</i> | Malvaceae     | Jan-Dec          | P                  |
| <i>Moringa oleifera</i>       | Moringaceae   | Nov-Mar          | N+P                |
| <b>Fruits</b>                 |               |                  |                    |
| <i>Citrus limon</i>           | Rutaceae      | Nov-Feb, Jun-Sep | N+P                |
| <i>Psidium guajava</i>        | Myrtaceae     | Jan-Mar, Jun-Sep | N+P                |
| <i>Manilkara zapota</i>       | Sapotaceae    | Sept-Jan         | N+P                |
| <i>Musa paradiscica</i>       | Musaceae      | Jan-Dec          | N+P                |
| <i>Syzygium malaccense</i>    | Myrtaceae     | Mar-May          | N+P                |
| <i>Tamarindus indica</i>      | Fabaceae      | Mar-May          | N+P                |
| <i>Cocos nucifera</i>         | Arecaceae     | Jan-Dec          | N+P                |

\*N+P=Nectar and pollen source; P=Only pollen source; N=Only nectar source

**Fig.1:** Monthly percentage of bee friendly plant species and the floral phenology in the urban green space during the study period.

bees from the same three families, namely Apidae, Megachilidae, and Halictidae (Balachandra and Baviskar, 2015), with Apidae being the predominant family and *Apis florea* as the most common and widely distributed species. Although changes in landscape were reported to affect bee diversity adversely (Weiner *et al.*, 2014), the present study clearly shows the positive effects of diversity in floral composition on bee diversity in urban areas. To our knowledge, no data are available on the bee friendly floral diversity of Indian urban green spaces: we presume the present study to be the first of its kind

in the country. The plant species that served as major nutritional resources for bees were *Moringa oleifera*, *Solanum lycopersicum*, *Mentha spicata*, *Coriandrum sativum*, *Cocos nucifera*, *Tamarindus indica*, *Cassia alexandrina*, *Capsicum annuum* and *Solanum melongena* among species that yield edible products. *Callistemon citrinus*, *Samanea saman*, *Syzygium malaccense*, *Ocimum sanctum*, *Galphimia gracilis*, *Targetes ereta*, *Zinnia elegans*, *Dyopsis lutescens*, *Roystonea regia*, *Muntingia calabura* and *Cassia fistula* were the major ornamental species. Additionally, some wild plants and lawn



**Fig.2:** Total number of plant species visited by different bee species in the studied urban green space during the survey period.

grasses from open areas also supported diverse bee taxa in the study area. The two ornamental species from Arecaceae, namely *Dypsis lutescens* and *Roystonea regia*, offered rich resources to social bees. A sacred species, namely *Ocimum sanctum*, and ornamental species, *Targetes ereta* and *Zinnia elegans* supported several species of solitary bees round the year. Similar study conducted (Vidhya *et al.*, 2019) in the horticultural ecosystem in Madurai district in Tamil Nadu has also reported 45 plant species from 26 families as major foraging sources for *Apis florea*. Plant species such as *Pongamia*, *Syzygium*, *Lagerstroemia*, *Citrus*, *Cocos*, etc. were reported as the major genera, as they were in the urban habitat chosen for the present study. This shows that, despite land management changes and anthropogenic interference the urban green spaces contain floral species similar to natural or seminatural habitats, which confirms the importance of urban green patches as the most suitable ecological hotspots for the sustainability of native bees.

The year-long study of the diversity of bee flora that serve as potential foraging resources for bees in an urban habitat showed a strong positive relationship between floral diversity and that of native bee communities. The floral diversity dominated by ornamental plants nurtured the bees with continued supply of nutritional resources. With reducing natural habitat, the diverse bee friendly plant species in the urban green space can serve as the biological hotspot for the conservation of native bee diversity. Protection and restoration of existing green space and development of interconnected urban green network can further improve the gene flow and viability of bee species. The present data can guide policymakers and urban planners in developing sustainable green landscapes not only for the aesthetic appeal but also for their role in biodiversity conservation.

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### Add-on Information

**Authors' contribution:** V. R. Bhatta: Conceptualization, data collection, interpretation and manuscript preparation; A. N. Kumar: Supervision, data curation, review and editing.

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