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Impact of sulphur dioxide generating pads and liners on enhancing market acceptability and post-harvest life of grapes

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Abstract

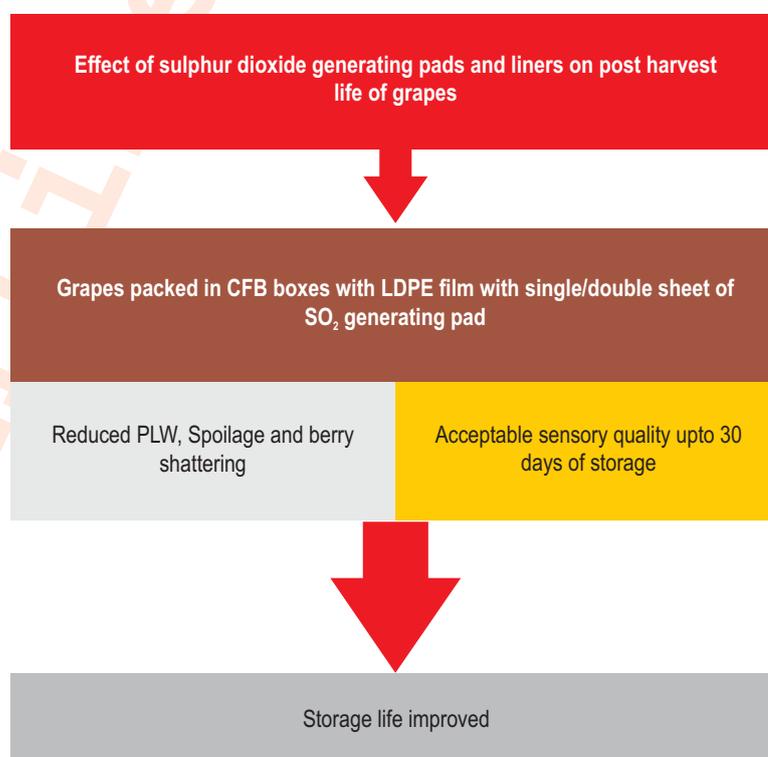
Aim: To identify most suitable packaging material combination consisting of sulphur dioxide (SO₂) generating pads for cold storage of grapes cv. Perletteto achieve longer storage life.

Methodology: Treatments included packing of grape bunches in low density polyethylene (LDPE) film with single sheet of SO₂ generating pad, LDPE with double sheet of SO₂ generating and LDPE without SO₂ generating pad and all these were further placed in Corrugated Fibre Board (CFB) boxes. In case of control, fruits were kept in CFB lined with newspaper only.

Results: The use of SO₂ pads on berries of Perlette grapes stored under varying cold storage environments with different packaging showed significant improvements in post-harvest life. LDPE packaging with single and double sheet of SO₂ generating pad expressed the lowest berry shattering and spoilage. The said combination had profound impact on prevention of stem browning of bunches. Physiological loss of weight of stored berries was minimum for LDPE packaging with single sheet of SO₂ generating pads (1.56%). No differences were observed among the treatments with respect to other physico-chemical evaluations.

Interpretation: The present investigations implicated that the detrimental effects on physico-chemical attributes of grape berries under cold storage can be lessened by synergistic utilization of single sheet of sulphur dioxide generating pads and low-density polyethylene packaging.

Key words: Berry shattering, Corrugated fibre board, Grapes, Post-harvest life, Sulphur-di-oxide, *Vitis vinifera*



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Introduction

Viticulture is being practiced on 7.71 m ha land with a production of around 87.4 m metric tons (FAOSTAT,2017) and is the chief horticultural industry in the world. Among the world's fresh fruit production, table grapes rank 4th after citrus, banana and apple. The quality of harvested table grapes is of prime consideration for domestic as well as international markets. The harvested grape berries are prone to prompt visual detrimental changes owing to fleshy nature of the fruit, high moisture content and titratable acidity of the fruits. The market acceptability of fruits starts deteriorating immediately after harvest and continues until marketing. The harvested berries undergo changes like physiological loss in weight, changes in berry colour, accelerated softening and ripening of berries (Piazzolla *et al.*, 2016). A common consumer identifies better grape bunches in the market by visualizing the berry quality and colour of the rachis (that provide structural support and enables solute transport to the berries). Immediately after harvesting, the rachis starts to turn brown, which affects the overall cluster quality (Silva-Tanzani *et al.*, 2016). The rachis browning is known to be associated with water loss (Crisosto *et al.*, 2001) and oxidation of berries (Carvajal-Millan *et al.*, 2001). Being non-climacteric in nature, the grapes must be harvested at proper stage of maturity in terms of TSS, fruit weight, acidity and other visual marketable and sensory characteristics (Gomez *et al.*, 1995).

In Indian plains, Perlette occupies more than 90 per cent of the total area under grapes. Seedless berries, high productivity and early ripening contribute to higher economic returns to the growers vis-à-vis their preference for this variety. However, due to fear of early rains, very short period (last week of May to 2nd week of June) is available for harvesting. Moreover, being a perishable fruit, it cannot withstand high temperature prevailing at the time of harvesting, thus leading to gluts in the nearby market vis-à-vis low price to the growers. Therefore, to avoid this panic situation it is desirable to store grapes at low temperature after harvesting to prolong its marketing period, thus ensuring good return to the growers.

The harvested grape berries have extremely low physiological activity thus they are very sensitive to water loss and infestation of graymold (*Botrytis cinerea*) during post-harvest handling and cold storage (Palou *et al.*, 2010). Even grapes stored at most optimum cold storage temperature of -0.5°C and relative humidity of 95 per cent are prone to berry cracking, particularly graymold which is the most aggressive disease owing to its ability to flourish at low temperature (Liguori *et al.*, 2015). Therefore, along with cold storage, there is an imperative need to utilize additional processing aid chemicals like sulphur dioxide, however, the direct exposure to SO₂ has been banned in most countries (Sortino *et al.*, 2017). Moreover, SO₂ treatment may lead to colour bleach of the berries and surface cracks (Gao *et al.*, 2003). To overcome these discrepancies, the use of sulphur

dioxide generator pads in varying packaging material along with cold storage is being experimented worldwide because of their efficiency, ease of use, cheaper cost and low health risk as compared to direct exposure to fungicides (Melgarejo-Flores *et al.*, 2013).

The present investigations were, therefore, planned with the objective of identifying most suitable packaging material in combination with SO₂ generating pads for cold storage of most commonly grown Perlette grapes to achieve higher shelf life by preserving the physical and chemical attributes of grape berries to enhance the consumer preference and market acceptability of fruits.

Materials and Methods

The experimental vines were grown at Fruit Research Farm, Department of Fruit Science, Punjab Agricultural University, Ludhiana, Punjab (India) situated at 30.9° N latitude, 75.8° E longitude, 249 m above msl. The study was conducted for the period of three consecutive years (2015, 2016 and 2017) on grape cultivar Perlette. The soil of the experimental site was alluvial having sandy loam texture and good water holding capacity. The uniform cultural practices (Anonymous, 2019) were followed for the experimental vines for keeping them in good and healthy condition. Fully ripe bunches of grapes having uniform size and disease free berries were picked randomly from all the four directions of experimental vines with the help of secateurs during first week of June. At the time of picking, care was taken to protect the natural bloom layer present on the berries not to be damaged with hands. The bunches were collected in plastic crates and shifted to Post-harvest Laboratory, Department of Fruit Science, Punjab Agricultural University, Ludhiana. In the laboratory, bunches were sorted, graded and were divided into requisite lots for further handling.

Treatments: The present study comprised of four treatments with different combination of packaging materials and sulphur-dioxide (SO₂) generating (slow release) pads. In different treatments, the uniform sized bunches were packed in polymeric films, *i.e.*, LDPE with single sheet of SO₂ generating pad (T₁); LDPE with double sheet of SO₂ generating (T₂) and LDPE without SO₂ generating pad (T₃) and all these were further placed in Corrugated Fibre Board (CFB) boxes. In case of control (T₄), fruits were kept in CFB lined with newspaper only. These packed CFB boxes were kept in walk-in cold chamber at 0-2°C temperature and 90-95 per cent RH and were analyzed at different storage intervals (15, 30, 45 and 55 days). Three random samples of fruit (each of 4 kg) were taken from each treatment before packing for physico-chemical analysis (zero-day storage) of fruits.

Analyses of fruits: The physiological loss in weight (PLW) of bunches was calculated on initial weight basis. The per cent loss in weight after each storage interval was calculated by subtracting

the final weight from the initial weight of the grapes and then converted into percentage value. The cumulative loss in weight was calculated on fresh weight basis. A 'five-point scale' was used for sensory evaluation of fruits (5-Excellent, 4 -Very good, 3-Good, 2- Fair and 1- Poor). At each interval, grapes were rated by a panel of ten judges on the basis of external appearance of berries, texture, taste and flavour. The spoilage percentage of grape berries was calculated on per cent weight basis by measuring the weight of spoiled berries from each box and dividing them by total weight of berries in each box. The berry shattering percentage of grapes was calculated on per cent weight basis by measuring the weight of shattered berries from each box and dividing them by total weight of berries in each box. Stem browning of bunches was rated by a panel of ten judges on the basis of external appearance of the stem in terms of extent of browning. A five-point intensity scale of damage (1- None, 2- Slight, 3- Moderate, 4- Severe, 5-Extreme) was used for recording incidence of stem browning (Artes-Hernandez *et al.*, 2006). The chemical attributes, viz. total soluble solids (TSS) and juice acidity were determined from the grape juice at room temperature (AOAC, 2005).

Statistical analysis : The experiment was laid out in randomized complete block design with factorial arrangements and data was analysed using statistical software cpc1.

Results and Discussion

In the present investigation, sulphur dioxide pads used to evaluate their efficacy on decay control and their impact on various physico-chemical attributes on grape berries showed significant improvements in post-harvest life as well as quality parameters when stored under cold storage environments.

The per cent berry shattering was recorded at fortnightly interval up to 55 days of storage. SO₂ generating pads had a significant impact on reducing the berry shattering throughout the storage period in comparison with control and the interaction between treatments and storage periods was also found to be significant (Fig. 1). Overall, the lowest per cent mean berry shattering (3.10 %) was recorded in LDPE packaging combined with double sheet of SO₂ generating pad, which was at par with 3.41 per cent registered for HDPE packaging and single sheet of SO₂ generating pad. The maximum mean berry shattering (11.78 %) was observed in control treatment (newspaper lining) at end of 55 days period of storage. As the storage period was advanced, the percent berry shattering showed upward trend in all the treatments with maximum expression of berry shattering in control treatment (7.53%) after 30 days of storage. The per cent shattering in LDPE packaging with both single and double lining of SO₂ were at par after 30 days of storage (0.61 and 0.62 %) registering about 91.90 and 91.77 per cent improvement over control, respectively. Further, a sharp increase in berry shattering was observed at 45 and 55 days of storage. Similar beneficial

effects of SO₂ generating pads on physical characteristics have been reported by Mahajan *et al.* (2010) who recorded lower berry shattering in grapes packed with double sheet of sulphur dioxide generating pad which substantiated the earlier findings of Artes-Hernandez *et al.* (2006) and Zutahy *et al.*, (2008). Bruises and subsequent rotting are the major threats to table grapes after harvest. Storage duration and treatments significantly affected the spoilage percentage (Fig. 2). Spoilage percentage was 0.56 %, 0%, 5.62%, and 14.33% for LDPE + Single sheet of SO₂ generating pad, LDPE + Double sheet of SO₂ generating pad, LDPE Packaging and Control, respectively, on day 30. With the progression of storage days, the spoilage registered increase in all the treatments and considerable mold growth was observed in all treatments at 45 and 55 days after storage. As rotting in grapes is mainly due to graymold *Botrytis cinerea* and SO₂ being antifungal agent when used in form SO₂ generating pad was effective in checking spoilage. The gas released from sulphur pads may have checked the primary disease progress and killed pathogen more efficiently when combined with the liners. These results are in agreement with the previous studies against graymold of stored 'BRS Vitoria' table grapes (Domingues *et al.*, 2018) and clamshell packaged 'BRS Nubia' Seeded Table Grapes (Youssef *et al.*, 2020). Since the release of SO₂ from sodium metabisulfite in pads is function of humidity inside the packaging, the role of liners in the performance of slow release SO₂-generating pads can be explained by diverse permeability provided by LDPE and newspaper liners, thereby controlling the concentration of gas inside the packaging. Chaves *et al.* (2019) also reported that efficacy of different SO₂-generating pads may vary due to diverse types of polymer films, coating materials and release forms.

The data for rachis browning indicated that polythene film and sulphur dioxide generating pads in synergism were helpful in checking the browning of stem during storage (Table 1). The lowest mean stem browning (2.01) was recorded in LDPE packaging combined with double sheet of SO₂ generating pad, which was statistically at par with LDPE packaging along with single sheet of SO₂ generating pad (2.13). The highest mean stem browning (3.86) was recorded in control (newspaper lining), followed by only LDPE packaging (3.07). At 30 days of storage, the stem browning registered an improvement of 62 and 58.86 per cent, respectively, over control. The stem of grape cluster consists of several polyphenols, which act as substrate for enzyme polyphenol oxidase (PPO) which has been reported to be responsible for rachis browning (Souquet *et al.*, 2000). Reduced browning with SO₂ can be attributed to prevention of phenol oxidation by inhibiting the enzyme polyphenol oxidase (Riquebourg *et al.*, 1996).

The present investigation revealed that the Perlette grapes packed in polythene with sulphur dioxide generating pads had steady increase in the PLW as compared to control; in which

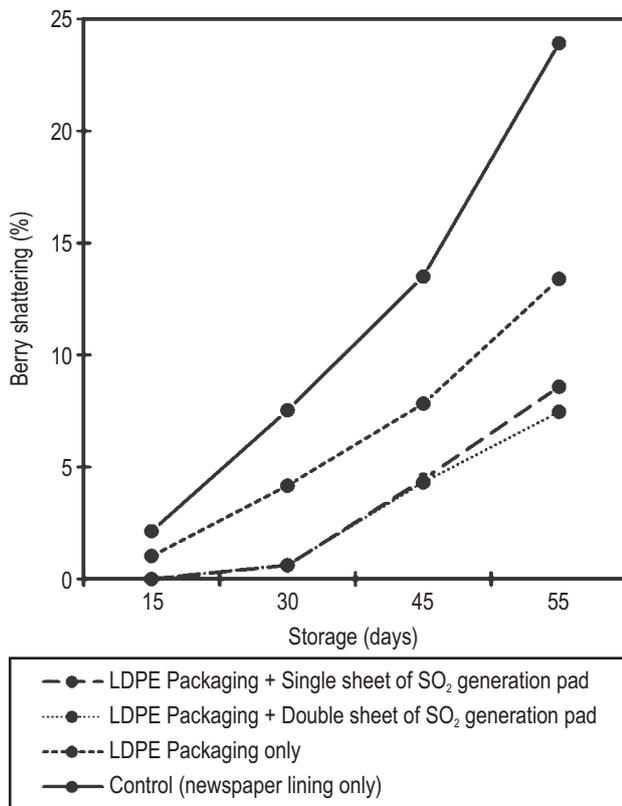


Fig. 1 : Effect of packaging materials and sulphur dioxide generating pad on berry shattering in stored Perlette grapes (pooled mean of three years).

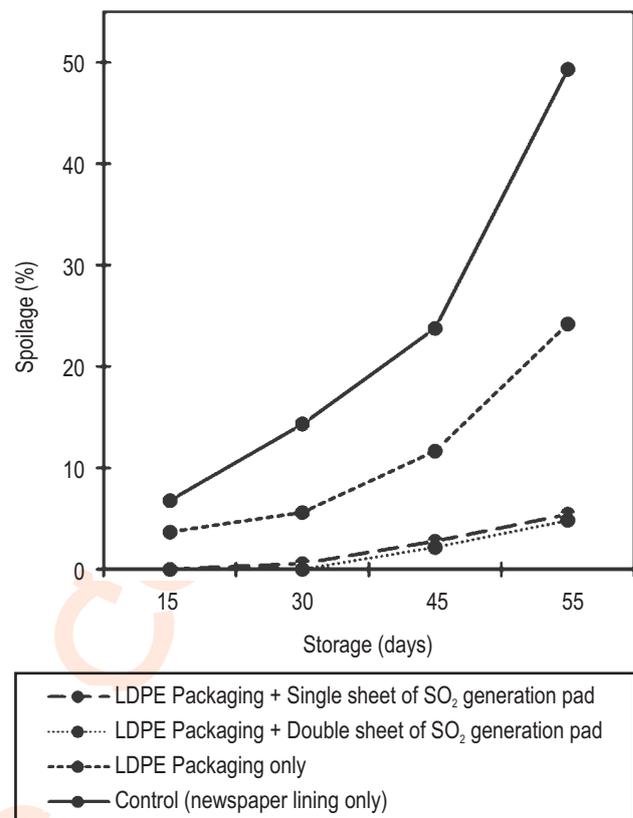


Fig. 2 : Effect of packaging materials and sulphur dioxide generating pad on spoilage in stored Perlette grapes (pooled mean of three years).

faster rise in physiological loss in weight (PLW) was recorded with advancement of storage periods (Table 1). The minimum mean PLW (1.56%) was observed in grapes packed in LDPE with single sheet of sulphur dioxide generating pads, while the maximum mean PLW (8.42%) was recorded in grapes packed with newspaper lining (control). Up to 30 days of storage, the PLW depicted by fruits packed in LDPE with single lined SO₂ pads was minimum, followed by LDPE with double lining (1.44 and 1.97%, respectively). The interaction effects were observed to be significant for varying treatments over different storage intervals. The method applied in this study minimizes water loss leading to berry desiccation, and prevents both decay due to low level of SO₂, and SO₂ damage which occurs if SO₂ is too high. Owing to low respiration rate and non-climacteric nature of grapes, physiological loss of weight is defined primarily by dehydration of stored berries from fruit surface and is function of relative humidity of packaging bags. Also, mass loss is one of the consequences of *Botrytis cinerea* incidence in table grapes (Celik *et al.*, 2009). Thus, packaging using the LDPE with SO₂ pads was effective in checking weight loss owing to spoilage control and providing a constant sealed storage condition for grapes. These findings are substantiated by the previous studies of Lichter *et al.* (2006); Duan *et al.* (2012) who observed reduction in spoilage in grapes stored in SO₂ releasing pads which also contributed towards

decrease in PLW. Grapes packed with LDPE lining having single sheet of sulphur dioxide generating pad showed the most acceptable value of organoleptic rating (4) after 30 days of storage as compared to other treatments (Table 1). Whereas, grapes packed in LDPE polythene with double sheet of sulphur dioxide showed bleaching effect of sulphur and taste of berries also deteriorated. In control (newspaper lining), organoleptic rating score was reduced to 3 after 15 days of storage and found only 1.67 (below fair) after 30 days of storage and thereafter declined at faster pace. Maintenance in physical attributes of Perlette grapes with sulphur dioxide releasing pads can be ascribed to the fact that SO₂ fumes released by pads react with water content of stored grapes resulting in formation of sulfurous acid (H₂SO₃). The pH content of stored product is lowered and released H₂SO₃ reacts with cell membranes of the cell wall degrading micro-organisms and block their enzymatic activity by reducing disulfide (-S-S-) linkage (Verma and Joshi, 2006). As a result, the micro-organisms' activity is hindered, which showed significant improvement in visual characteristics, reduction in spoilage, consequently making the fruit more acceptable in market. However, there was decline in organoleptic score after 45 days of storage with SO₂ pad which could be due accumulation of SO₂ residue in table grape berries due to continuous and slow released of SO₂ gas by SO₂ pad was confined in sealed packaging

Table 1 : Effect of packaging materials and sulphur dioxide generating pad on physical attributes of Perlette grapes (pooled mean of three years)

Treatments	Stem Browning (1-5 score)*				
	Storage period (days)				
	15	30	45	55	Mean
LDPE Packaging + Single sheet of SO ₂ generating pad	1.00	1.44	2.56	3.5	2.13
LDPE Packaging + Double sheet of SO ₂ generating pad	1.00	1.33	2.50	3.22	2.01
LDPE Packaging only	2.11	2.78	3.22	4.17	3.07
Control (newspaper lining only)	2.78	3.5	4.22	4.94	3.86
Mean	1.72	2.26	3.13	3.96	-
CD (p=0.05) for: Storage interval (A) = 0.17; Treatment (B) = 0.22; Interaction (A×B) = NS; *Score: 1- none; 2- slight; 3- moderate; 4- severe; 5- extreme.					
Treatments	Physiological loss of weight (%)				
	15	30	45	55	Mean
	LDPE Packaging + Single sheet of SO ₂ generating pad	1.02	1.44	1.72	2.05
LDPE Packaging + Double sheet of SO ₂ generating pad	1.78	1.97	2.29	2.74	2.20
LDPE Packaging only	1.44	1.82	1.98	2.17	1.82
Control (newspaper lining only)	5.21	6.74	8.83	12.89	8.42
Mean	2.36	2.99	3.71	4.96	-
CD (p=0.05) for: Storage interval (A) = 0.23; Treatment (B) = 0.31; Interaction (A×B) = 0.62					
Treatments	Organoleptic rating*				
	15	30	45	55	Mean
	LDPE Packaging + Single sheet of SO ₂ generating pad	4.0	4.00	2.67	1.0
LDPE Packaging + Double sheet of SO ₂ generating pad	4.0	3.00	2.33	1.0	2.58
LDPE Packaging only	3.67	2.00	1.67	1.0	2.09
Control (newspaper lining only)	3.0	1.67	1.0	1.0	1.67
Mean	3.67	3.56	1.92	1.0	-
CD (p=0.05) for: Storage interval (A) = 0.22; Treatment (B) = 0.29; Interaction (A×B) = NS; *Score: 5- excellent; 4- very good; 3- good; 2- fair; 1- poor					

Table 2 : Effect of packaging materials and sulphur dioxide generating pad on chemical attributes of Perlette grapes (pooled mean of three years)

Treatments	Total Soluble Solids (%)				
	Storage period (days)				
	15	30	45	55	Mean
LDPE Packaging + Single sheet of SO ₂ generating pad	14.4	14.5	14.4	15.2	14.4
LDPE Packaging + Double sheet of SO ₂ generating pad	14.2	14.6	14.5	14.5	14.5
LDPE Packaging only	14.5	14.6	14.4	14.4	14.5
Control (newspaper lining only)	14.1	15.0	14.8	14.5	14.6
Mean	14.3	14.7	14.5	14.7	-
CD (p=0.05) for: Storage interval (A) = NS; Treatment (B) = NS; Interaction (A×B) = NS					
Treatments	Acidity (%)				
	15	30	45	55	Mean
	LDPE Packaging + Single sheet of SO ₂ generating pad	0.77	0.76	0.73	0.70
LDPE Packaging + Double sheet of SO ₂ generating pad	0.79	0.77	0.75	0.78	0.78
LDPE Packaging only	0.78	0.76	0.75	0.76	0.76
Control (newspaper lining only)	0.81	0.73	0.73	0.75	0.76
Mean	0.78	0.74	0.74	0.73	-
CD (p=0.05) for: Storage interval (A) = NS; Treatment (B) = NS; Interaction (A×B) = NS					

entered grape berries. The results corroborate with the findings of Jia *et al.* (2020) who observed that MAP + SO₂ pad could lead to high SO₂ residue (9.3 mg kg⁻¹) in table grape berries.

To gain maximum economic benefits, it is imperative to preserve the taste and quality of stored fruit, which in grapes is directly dependent on TSS and fruit acidity. These traits were

evaluated in the present studies under various treatments for different time intervals.

Various treatments showed non-significant differences among themselves with regard to TSS during storage (Table 2). The highest TSS (15.0%) after 30 days of storage was recorded in control (newspaper lining). The TSS values in all other treatments were at par with each other. Maximum TSS was registered after 55 days of storage (15.2%) for LDPE packaging+ single sheet of sulphur dioxide generating pad. Likewise, the acidity percentage showed non-consistent trend with advancement in storage period (Table 2). The lowest mean acidity (0.74%) was recorded in LDPE packaging + single sheet of SO₂ generating pad. The highest mean acidity (0.78%) was recorded in LDPE packaging + double sheet of SO₂ generating pad. The TSS percentage of stored fruit increased initially from 15 to 30 days of storage and consequently decreased or remained consistent as the catabolic processes of stored fruits were lowered by SO₂ fumes, however, as the storage period is enhanced, the efficiency of pads is lowered and metabolic changes start in stored fruit (Pelayo *et al.*, 2003). Hence SO₂ pads contributed positively towards delaying the reduction in total soluble solids content during first month of storage which can be ascribed to inhibition of respiration due to sulphur dioxide generating pads. Afterwards, the lowering TSS values might be due to increased respiratory activities of grape berries as for this physiological process, sugars (glucose and fructose) are the main substrates (Sortino *et al.*, 2018). The titratable acidity of stored fruit was also preserved over longer storage intervals owing to lower fruit respiration and transpiration under cold storage, thus organic acids which otherwise would have been utilized in catabolism were preserved (Cordenunsi *et al.*, 2003). Similar suppositions on preservation of biochemical characteristics of stored grape clusters have been reported earlier (Fernandez-Trujillo *et al.*, 2008; Meng *et al.*, 2011 and Sortino *et al.*, 2018).

It can be safely implicated from the present evaluations that the detrimental effects on physico-chemical attributes of grape berries under cold storage can be lessened by synergistic utilization of sulphur dioxide generating pads and low-density polyethylene packaging. The 'Perlette' grapes can be harvested at maturity without any perturbing effects of glut in the market and can be stored safely for 30 days in LDPE polyethylene packaging with single lined SO₂ generating pads without diminishing the market acceptability. This practice will lead to prolonged storage life of grapes for more than four weeks by storing at low temperature and high humidity, which will ultimately increase the net returns vis-à-vis profitability to majority of grape growers of the region.

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